

Body Parts and Pain Radiation

by Sophia Tutorial



WHAT'S COVERED

In this lesson, will learn the phrases you need to know to be able to determine where the patient is feeling pain, including a comprehensive list of body parts. Specifically, this lesson will cover:

1. Las Partes del Cuerpo (Body Parts)
2. Radiación del Dolor (Pain Radiation)

1. Las Partes del Cuerpo (Body Parts)

The following chart presents the parts of the body in Spanish. This will come in handy when patients speak about where they are experiencing pain or discomfort in order to seek your advice about the proper treatment.

English	Spanish	Pronunciation
abdomen	el abdomen	ale ab-doe-main
tonsils	las amígdalas	lahs ah-meeg-dah-lahs
anus	el ano	ale ah-no
mouth	la boca	la boh-kah
arm	el brazo	ale bra-so
head	la cabeza	la kah-bay-sah
hip	la cadera	la kah-day-rah
face	la cara	la kah-rah
elbow	el codo	ale koh-doe
heart	el corazón	ale koh-rah-soan
rib	la costilla	la koh-stee-yah
neck	el cuello	ale k'way-yo
scalp	el cuero cabelludo	ale k'way-row kah-bay-you-doe
finger	el dedo	ale day-doe
toe	el dedo del pie	ale day-doe dale pee-ay

tooth	el diente	ale dee- ain -tay
gums	las encías	lahs ain- see -ahs
back	la espalda	la ace- pall -dah
shin	la espinilla (de la pierna)	la ace-pee- nee -ya (day la pee- air -nah)
stomach	el estómago	ale ace- toe -ma-go
forehead	la frente	la frain -tay
throat	la garganta	la gar- gahn -tah
liver	el hígado	ale ee -gah-doe
shoulder	el hombro	ale oam -bro
groin	la ingle	lah een -glay
lip	el labio	ale la -bee-oh
tongue	la lengua	la lane -g'wah
hand	la mano	la mah -no
cheek(s)	la(s) mejilla(s)	la(hs) may- he -yahs
molar	la muela	la m'way -lah
wrist	la muñeca	la moon- yay -kah
thigh	el muslo	ale moose -lo
buttocks	las nalgas las posaderas las asentaderas	lahs nall -gahs lahs poe-sah- day -rahs lahs ah-sane-tah- day -rahs)
nose	la nariz	la nah- reece
nostrils	las narices	lahs nah- reece -sace
inner ear	el oído	ale oh- ee -doe
eye(s)	el(los) ojo(s)	ale oh -ho
outer ear	la oreja	la oh- ray -ha
calf	la pantorrilla	la pahn-toe- ree -yah
chest	el pecho	ale pay -choh
penis	el pene	ale pay -nay
foot	el pie	ale pee -ay
skin	la piel	la pee- ale
leg	la pierna	la pee- air -nah
lung	el pulmón / los pulmones	ale pool- moan / lohs pool- moe -nace
rectum	el recto	ale rake -toe
kidney	el riñón	ale reen- yone
knee	la rodilla	la row- dee -yah

breast(s)	el/los seno(s) la(s) mama(s) la(s) teta(s)	ale/lohs say -no(hs) la(hs) mah -mah(s) la(hs) tay -tahs
testicles	los testículos	lohs tace- tee -koo-lohs
ankle	el tobillo	ale toe- be -yo
urethra	la uretra	la oo- ray -trah
vagina	la vagina	la bah- he -nah
bladder	la vejiga	la bay- he -gah
abdomen (lower)	el vientre	ale be- ain -tray
left	izquierdo/a	ee-ski- air -doe / dah
right	derecho/a	day- ray -choh / chah

2. Radiación del Dolor (Pain Radiation)

Now that you know the parts of the body, the following chart provides questions and phrases you can use when discussing pain radiation.

English	Spanish	Pronunciation
Is it in one location only?	¿Lo siente solamente en un lugar?	lo see- ain -tay so-lah- main -tay ain oon loo- gahr
Does it radiate elsewhere?	¿Se irradia a otros lugares?	say ee- rah -dee-ah ah oh -trohs loo- gah -race
Yes.	Sí.	<i>This is a patient response.</i>
No.	No.	<i>This is a patient response.</i>
It hurts here.	Me duele aquí.	<i>This is a patient response.</i>
Yes, it only hurts here.	Sí, sólo me duele aquí.	<i>This is a patient response.</i>
Yes, it hurts here, too.	Sí, me duele aquí, también.	<i>This is a patient response.</i>
It hurts more here.	Me duele más aquí.	<i>This is a patient response.</i>
It hurts less here.	Me duele menos aquí.	<i>This is a patient response.</i>

English	Spanish	Pronunciation
Does ____ hurt you?	¿Le duele ____?	lay d' way -lay...
Do ____ hurt you?	¿Le duelen ____?	lay d' way -lane...
____ hurts me.	Me duele ____.	<i>This is a patient response.</i>
____ hurt me.	Me duelen ____.	<i>This is a patient response.</i>

Note that the last four phrases above are reverse construction sentences. The verbs **duele** (it hurts) and **duelen** (they hurt) agree with the subject, which follows. The "me" is not "I," but rather "me."

➡ **EXAMPLE** "Me duele la garganta" means "My throat hurts me," while "Me duelen los dedos" means "My fingers hurt me."

You could also ask, ¿**Tiene dolor de** ____? and fill in the blank with one of the body parts listed above. This means, **Do you have pain in your** ____? The patient may then respond, **Tengo dolor de** ____, meaning **I have pain in my** ____.



SUMMARY

In this lesson, you learned about how to say different **body parts** in Spanish so that you can better understand the pain your patients are describing. You also learned some questions and phrases that will help you discuss **pain radiation** with patients. This vocabulary provides an important foundation, as the later lessons in this course will teach you how to discuss the use of specific medications and other pain management options with patients.

¡Buena suerte!

Support

If you are struggling with a concept or terminology in the course, you may contact **SpanishforNursesSupport@capella.edu** for assistance.

If you are having technical issues, please contact **learningcoach@sophia.org**.

Source: This content has been adapted from "Spanish for Nurses" by Stephanie Langston.