

Cardiovascular Assessment

by Sophia Tutorial



WHAT'S COVERED

In this lesson, you will learn how to conduct a particular type of physical assessment in Spanish. Specifically, this lesson will cover:

1. La Evaluación Cardiovascular (Cardiovascular Assessment)

1. La Evaluación Cardiovascular (Cardiovascular Assessment)

The following questions and phrases will be helpful when you need to conduct a cardiovascular assessment.

English	Spanish	Pronunciation
These patches and box monitor your heart rate and rhythm. The signal is sent to a monitor at the nurses' desk so we can monitor your heart.	Estos parches y caja monitorean su pulso y ritmo cardiaco del corazón. La señal es enviada a un monitor ubicado en el escritorio de la enfermera para que podamos monitorear su corazón.	ace-tohs par-chase ee kah-ha moe-knee-toe-ray-ahn sue pool-so ee reet-moe car-dee-ah-koh dale core-ah-soné. la sane-yall ace ain-bee-ah-dah ah oon moe-knee-tore oo-bee-kah-doe ain ale ace-kree-toe-ree-oh day la ain-fair-may-rah pah-rah kay poe-dah-mohs moe-knee-toe-ray-are sue koh-rah-soan
Do you have any chest pain?	¿Tiene algún dolor en el pecho?	tee-ay-nay all-goon doe-lore ain ale pay-cho
Does the pain radiate to any other location?	¿El dolor se expande a otro lugar?	ale doe-lore say ache-spahn-day ah oh-troh loo-gar
Where is the chest pain?	¿Dónde se siente el dolor en el pecho?	doan-day say see-ain-tay ale doe-lore ain ale pay-choh
We need to keep the heart monitor on you while you are here.	Usted necesita llevar el monitor cardiaco mientras que esté aquí.	oo-staid nay-say-see-tah yay-bar ale moe-knee-tore car-dee-ah-koh mee-ain-trahs kay ace-tay ah-key
Is the chest pain relieved at rest?	¿Se mejora el dolor cuando descansa?	say may-hoar-ah ale doe-lore k'wahn-doe dace-kahn-sah
Do you feel short of breath?	¿Siente que le falta el aliento?	see-ain-tay kay lay fall-tah ale ah-lee-ain-toe

How long have you been having the chest pain?	¿Desde cuándo ha tenido el dolor en el pecho?	dace-day k'wahn-doe ah tay-knee-doe ale doe-lore ain ale pay-choh
Did the Nitro/Morphine relieve the pain?	¿El Nitro/la morfina alivió el dolor?	ale knee-troh la more-fee-nah ah-lee-bee-oh ale doe-lore
I need to put some oxygen on.	Necesito poner oxígeno.	nay-say-see-tah poe-nair oak-see-hay-no
Take the nitroglycerin for chest pain. You may take it up to 3 times, 15 minutes apart.	Tome la nitroglicerina para el dolor de pecho. Puede tomarla hasta 3 (tres) veces, 15 (quince) minutos aparte.	toe-may la nee-troh-gee-say-ree-nah pah-rah ale doe-lore day pay-choh. p'way-day toe-mar-la ah-stah trace bay-sace, keen-say me-noo-tohs ah-par-tay
Call me if you have any chest pain.	Llámemme si siente cualquier dolor en el pecho.	yah-mah-may see see-ain-tay k'wall-key-air doe-lore ain ale pay-choh



SUMMARY

In this lesson, you learned some questions and phrases in Spanish that you can use when conducting a patient's **cardiovascular assessment**. This language is important because it will help you communicate with patients effectively during their physical evaluations.

¡Buena suerte!

Support

If you are struggling with a concept or terminology in the course, you may contact **SpanishforNursesSupport@capella.edu** for assistance.

If you are having technical issues, please contact **learningcoach@sophia.org**.

Source: This content has been adapted from "Spanish for Nurses" by Stephanie Langston.