

Defining Team and Teamwork

by Capella Healthcare



WHAT'S COVERED

In this lesson, you will define team and teamwork. Specifically, this lesson will cover:

1. Definition of Team and Teamwork

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Commonly, teams are defined as "two or more individuals who work together to achieve specified and shared goals, have task-specific competencies and specialized work roles, use shared resources, and communicate to coordinate and to adapt to change" (Manser, 2008).

Teamwork refers to the behaviors (such as information exchange), attitudes (such as cohesion), and cognitions (such as shared mental models) that teams use to achieve shared goals and that require team members to interact (task interdependence), share accountability for their collective efforts (outcome interdependence), and belief in their ability to accomplish team goals.



HINT

In healthcare, there are several constructs for defining teams.

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Support

If you are struggling with a concept or terminology in the course, you may contact **RiskManagementSupport@capella.edu** for assistance.

If you are having technical issues, please contact **learningcoach@sophia.org**.