

# **Discrimination Training Terminology**

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#### WHAT'S COVERED

This lesson will explore discrimination training by defining and discussing the following:

- 1. Discrimination Training
- 2. Key Terms

## **1.** Discrimination Training

Discrimination means that a behavior occurs in the presence of one stimulus and not in the presence of another stimulus, because that behavior has a history of reinforcement in the presence of that specific stimulus that has not occurred in the presence of other stimuli.

**Discrimination training** is the process of reinforcing a target response only when the target antecedent, or  $\mathfrak{P}$ , is present. It is used to teach the patient the difference between two or more stimuli.

☆ EXAMPLE When engaging in naming behavior, a learner calls an apple "apple," and does not call other stimuli "apple." The learner comes to do this because they have received praise in the past from a teacher when they called an apple "apple," and they did not receive praise when they called other stimuli "apple."

## **Video Transcription**

We've got these. What color is this?

Red.

Red, very good. You know your colors.

What color is this?

Red.

Try again.

Yellow.

☆ EXAMPLE The telephone is a classic example of discrimination in daily life. The sound of the phone ringing is the S<sup>D</sup> that signals that the behavior of answering the phone will result in the reinforcer of being able to speak to someone. If the same behavior (picking up the phone) occurs when the phone is not ringing, it will not get that reinforcer.

Teaching discrimination is fundamental for patients with autism spectrum disorder (ASD) because virtually all complex behavior involves discrimination of some sort. Accordingly, many types of discrimination must be taught, and many ways exist to teach them.

### E TERM TO KNOW

#### **Discrimination Training**

The process of reinforcing a target response only when the target antecedent, or  $\mathfrak{P}$ , is present

## 2. Key Terms

There are several key terms that you will need to be familiar with in order to fully understand discrimination training.

The term acquisition target is used to describe the SD-Response relationship that is currently being taught.

The acquisition target is something the patient has not yet learned and that is in the process of being taught. It is typically identified by the BCBA using some type of assessment. A response or S<sup>D</sup>/instruction that the individual is currently learning is said to be "on acquisition." The acquisition target is sometimes shortened to just "target."

- $\Rightarrow$  EXAMPLE If the patient is learning to identify a banana, the banana is the acquisition target.
- A: The behavior technician gives the SP, "Point to the banana."
- B: The patient points to the banana.
- C: The behavior technician provides verbal praise, "Nice job pointing to the banana!"

The term **distracter** refers to additional items that are not targets, but are used in discrimination training to teach discrimination. Distracter items can be known or unknown to the patient.

 $\Rightarrow$  EXAMPLE If the patient is learning to identify a banana, the banana is the acquisition target and apple and orange are the distracters. The same S<sup>D</sup> is given each trial, but different items can be used as distracters along with the acquisition target.

A: The behavior technician puts out an apple, banana, and orange, and gives the \$9, "Point to the banana." B: The patient points to the banana.

C: The behavior technician provides verbal praise, "Nice job pointing to the banana!"

The apple and orange were distracters; they were not the specific target that the patient was learning, but they were put in the mix so the patient could select the correct item, banana, from an array of items.

The term mass trial refers to repeating a specific SP/instruction to practice giving a correct response.

It is often used to introduce a new skill within errorless learning procedures. The same instruction or S<sup>D</sup> is

presented repeatedly.

↔ EXAMPLE On the first trial, you might ask a patient to touch their head. Then, on the second trial, you would present the same instruction, and again on the third trial, and so on, until some criterion has been met.

## 😭 🛛 BIG IDEA

The purpose of mass trialing is to give repeated practice on a very simple but challenging skill.

Some believe that mass trialing is crucial to early discrimination learning, whereas others believe that it is rarely, if ever, helpful. The rationale for why mass trials may not be helpful is that, by definition, they do not require a discrimination; they merely require the patient to repeat what they just did a second earlier. The rationale for why they are helpful is that they make the task as easy as possible and, therefore, provide maximum opportunity for reinforcement and maximum practice on new targets.

## **Video Transcription**

Red. [TOKEN CLACKS]

There it is! Good job.

Red.

[TOKEN CLACKS]

Wow!

Red.

[TOKEN CLACKS]

[APPLAUSE]

Good job.

Yay!

Red.

[TOKEN CLACKS]

Wow, that was great.

**Random rotation** is the presentation of two or more S<sup>D</sup>s in random order. This technique is used to ensure that a patient can discriminate between two or more S<sup>D</sup>s or instructions.

Random rotation is a procedure during which trials of the same target are not repeated in succession.

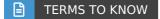
☆ EXAMPLE You might ask a patient to touch their head on the first trial, to touch their nose on the second trial, and to touch their ears on the third trial, and subsequent trials would randomly select from the three targets.

In other words, random rotation requires the patient to choose between a stimulus that is currently being taught and one or more other stimuli.

Video Transcription
You ready to go?
Green.
[TOKEN CLACKS]
Good job.
Yellow.
[TOKEN CLACKS]
Super!
Red.
[LAUGHS]
[TOKEN CLACKS]
[LOUD APPLAUSE]
You did it!
[APPLAUSE CONTINUES]
Oh my goodness. That was so good!

The last key term is **mastery criteria**, which means criteria that objectively demonstrate that an individual has learned a target. Mastery criteria are set for each patient by the BCBA.

 $\cancel{C}$  EXAMPLE An example of a mastery criteria could be demonstrating the skill two times at 80% or better in random rotation with a first trial correct. This might be written as 2x80%  $\ge$  in RR.



### **Acquisition Target**

The SD-Response relationship that is currently being taught

#### Distracter

Additional items that are not targets, but are used in discrimination training procedures to teach discrimination

#### **Mass Trial**

Repeating a specific SD/instruction to practice giving a correct response

#### **Random Rotation**

The presentation of two or more SDs in random order

#### **Mastery Criteria**

Criteria that objectively determine when an individual has learned a target

## SUMMARY

In this lesson, you learned about **discrimination training**, which is the process of reinforcing a target response only when the target antecedent, or S<sup>D</sup>, is present. It is used to teach the patient the difference between two or more stimuli and is fundamental in intervention for patients with autism spectrum disorder (ASD), as virtually all complex behavior involves discriminations of some kind. You also learned several **key terms** that are important to know before you begin learning about implementing discrimination training: acquisition target, distracter, mass trial, random rotation, and mastery criteria.

## TERMS TO KNOW

#### **Acquisition Target**

This is used to describe the S<sup>D</sup>-Response relationship that is currently being taught

#### **Discrimination Training**

The process of reinforcing a target response only when the target antecedent, or S<sup>D</sup>, is present

#### Distracter

Additional items that are not targets, but are used in discrimination training procedures to teach discrimination

#### **Mass Trial**

Repeating a specific S<sup>D</sup>-instruction to practice giving a correct response

#### **Mastery Criteria**

Criteria that objectively determines when an individual has learned a target

#### **Random Rotation**

The presentation of two or more  $\mathsf{S}^\mathsf{D}\mathsf{s}$  in random order