

# OTC and Other Products

by Sophia Tutorial



## WHAT'S COVERED

In this lesson, you will learn how to say the different types of over-the-counter medicine in Spanish. Specifically, this lesson will cover:

1. La Medicina que No Necesita Receta y Otros Productos (Over-the-Counter and Other Products)

## 1. La Medicina que no Necesita Receta y Otros Productos (Over-the-Counter and Other Products)

The following chart provides vocabulary that you can use to discuss over-the-counter medication and medical products that patients may need.

| English        | Spanish                   | Pronunciation                       |
|----------------|---------------------------|-------------------------------------|
| thermometer    | el termómetro             | ale tare-moe-me-troh                |
| cough syrup    | el jarabe para la tos     | ale ha-rah-bay pa-rah la tohs       |
| cough drops    | las pastillas para la tos | lahs pa-stee-yahs pa-rahlatohs      |
| nose drops     | unas gotas para la nariz  | oo-nahs go-tahs pa-rah la nah-reece |
| ibuprofen      | el ibuprofeno             | ale ee-boo-pro-fay-no               |
| tylenol®       | el tylenol ®              | ale tee-lay-nole                    |
| acetaminophen  | el acetaminofeno          | ale ah-say-tah-me-no-fay no         |
| aspirin        | la aspirina               | la ah-spee-ree-nah                  |
| cotton         | el algodón                | ale all-go-doan                     |
| bandage        | un vendaje                | oon bane-dah-hay                    |
| Band-Aid ®     | una curita                | oo-nah koo-ree-tah                  |
| tape           | el esparadrapo            | ale ace-pa-rah-drah-poe             |
| antihistamine  | el antihistamínico        | ale ahn-tee-ees-tah-me-nee-koh      |
| pseudophedrine | la seudofedrina           | la say-oo-doe-fay-dree-nah          |

|                      |                            |                                                                   |
|----------------------|----------------------------|-------------------------------------------------------------------|
| decongestant         | el descongestionante       | ale dace-cone-hay-stee-oh- <b>nahn</b> -tay                       |
| appetite suppressant | el supresor del apetito    | ale sue-pray- <b>sore</b> dale ah-pay- <b>tee</b> -toe            |
| sleeping pill        | una medicina somnífera     | <b>oo</b> -nah may-dee- <b>see</b> -nah soam- <b>nee</b> -fay-rah |
| vitamins             | las vitaminas              | lahs bee-tah- <b>me</b> -nahs                                     |
| antacid              | el antiácido               | ale ahn-tee- <b>ah</b> -see-doe                                   |
| oil                  | el aceite                  | ale ah- <b>say</b> -tay                                           |
| ointment             | el ungüento                | ale oon-g' <b>wayne</b> -toe                                      |
| calamine lotion      | la crema de calamina       | la <b>cray</b> -ma day kah-la- <b>me</b> -nah                     |
| hydrocortisone       | la hidrocortisona          | la ee-droh-core-tee- <b>so</b> -nah                               |
| hydrogen peroxide    | el peróxido de hidrógeno   | ale pay- <b>roke</b> -see-doe day ee- <b>droh</b> -hay-no         |
| rubbing alcohol      | el alcohol para fricciones | ale all-koh- <b>ole</b> <b>pa</b> -rah freak-see- <b>oh</b> -nace |
| contraceptive        | un contraceptivo           | oon cone-trah-sape- <b>tee</b> -bow                               |
| condom               | un condón                  | oon cone- <b>doan</b>                                             |



## SUMMARY

In this lesson, you learned how to say the names of **over-the-counter and other products** in Spanish. This vocabulary provides an important foundation, as the later lessons in this course will teach you how to discuss the use of specific medications and other pain management options with patients.

¡Buena suerte!

## Support

If you are struggling with a concept or terminology in the course, you may contact **SpanishforNursesSupport@capella.edu** for assistance.

If you are having technical issues, please contact **learningcoach@sophia.org**.

Source: This content has been adapted from "Spanish for Nurses" by Stephanie Langston.