

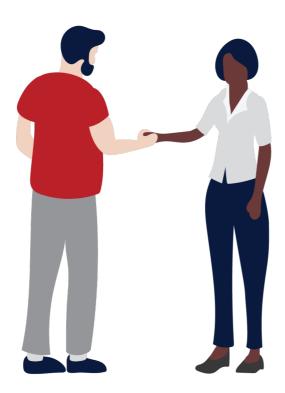
Relationship Building

by Devmountain Tutorials



WHAT'S COVERED

In this lesson, you will learn how to identify emotional intelligence and its characteristics. Specifically, this lesson will cover:



1. What is Relationship Building?

After seeing the title of this concept's content, you may be thinking, "I already know how to build relationships. I have close friends and people who love me, and I get along with my coworkers just fine. What else do I need to know?"

The fact is that while some jobs are more collaborative than others, virtually every profession requires you to

interact with many different types of people. Taking the time to build and nurture your working relationships, which are different from personal relationships, is critical as you further your career. In fact, one survey found that 85% of jobs are filled through networking (Adler, 1).

Someone who has honed their **relationship building** skill genuinely enjoys being around—and collaborating with—other people. They understand the value of different points of view, they ask others for their thoughts and ideas, and they always give coworkers credit where it's due. People who build strong relationships are supportive of colleagues. They make time to connect with them, even when they don't necessarily need to for a specific project. These are the people that everyone wants to work with, and being in demand is extremely helpful as you advance your career.

You may already be adept at building personal relationships but are unsure or uncomfortable about doing the same at work. Fortunately, a lot of what you do in your relationships with friends or significant others can also be applied to your career.



As you work on this skill, consider these five characteristics that make up healthy relationships:

- Trust: It is the foundation of every good relationship. When you trust your team and colleagues, you form a powerful bond that helps you work more effectively.
- Mutual respect: Value what others have to say, and they will value what you have to say. As you work together, you'll develop solutions based on your combined insight and creativity.
- **Mindfulness:** Take responsibility for your words and actions. People who are mindful think about what they say before they say it, and they don't let their negative emotions affect others.
- **Diversity and inclusion:** The next time you're scheduling a meeting, go out of your way to invite someone who you think will have a radically different approach to your problem. Listen to what they have to say and use their insights as you work toward a solution.
- Open communication: The more effectively you communicate with those around you, the richer your relationships will be.



Relationship Building

The ability to effectively work with others and establish, cultivate, and leverage networks over time.

2. What Does Relationship Building Look Like in the Workplace?

Imagine you have a coworker named George. He's smart and hardworking, and he always completes his tasks on time. But, George isn't friendly. He never makes small talk in the office, never smiles, nor says hello. He's quick to pick a fight over a small detail. He openly tells people that he doesn't like their work and that he could do a better job. He goes to the boss with the smallest complaint, takes credit for others' ideas, and doesn't take the time to listen to what others have to say.

Even though George is good at his job, would you want to work with him? Do you think his team members would volunteer to write him glowing recommendations for another job in the future? Probably not.

At Poodle Jumper, we evaluate employees on leadership behaviors, including teamwork and collaboration, so employees like George find it difficult to be promoted.

When it comes to your world of work, being good at what you do is only half the battle. You also must be able to connect to and work effectively with others. This is called relationship building, and it's an essential skill for professional success.

★ EXAMPLE The skill of relationship building goes beyond coworkers and friends, it's also a valuable skill for working with customers. Establishing customer relationships has been one of the biggest challenges we've faced at Poodle Jumper. When we launched our product, we found it wasn't resonating with our target audience as we expected. We had to take a hard look at the relationship with our customers and revise our communication to build trust. Not many customers were willing to allow strangers to care for their pets without knowing how we screen service providers, manage their reputation through transparent reviews, and resolve disputes. Once we added those details to our communication, we saw a 20% increase in repeat customers.



The world is made up of many different people from all walks of life, and practicing your relationship-building skill will help you create bonds that can not only bolster your job performance but also catapult you to new opportunities in the future.

SUMMARY

This lesson discussed what **relationship building** is and the importance of **relationship building** in the **workplace**. Relationship building involves establishing, cultivating, and leveraging networks over time, and it is a critical skill for professional success. Healthy relationships are characterized by trust, mutual respect, mindfulness, diversity and inclusion, and open communication. The lesson emphasized the need to connect and work effectively with others, as being good at what you do is only half the battle. The ability to build relationships is especially important when working with customers or seeking new job opportunities. Ultimately, developing relationship-building skills can help individuals perform better in their jobs and advance their careers.

Source: This tutorial was authored by DEVMOUNTAIN and Sophia Learning. Please see our Terms of Use.

ATTRIBUTIONS

• New Survey Reveals 85% of All Jobs are Filled Via Networking | Author: Lou Adler

TERMS TO KNOW

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