



# Sample Dialogues: Physical Assessments and More

*by Sophia*

## Video Transcription

[MUSIC PLAYING] Say I need to take your blood pressure. Please roll up your sleeve.

[SPEAKING SPANISH]

Say I need to take your temperature. I'm going to put this on your forehead.

[SPEAKING SPANISH]

Say I need to take your pulse or heart rate. Please give me your wrist.

[SPEAKING SPANISH]

Say I need to weigh you, or take your weight literally. Please step onto the scale.

[SPEAKING SPANISH]

Say I need to listen to your heart.

[SPEAKING SPANISH]

Say I need to listen to your lungs.

[SPEAKING SPANISH]

Say I need to listen to your stomach.

[SPEAKING SPANISH]

## Video Transcription

[MUSIC PLAYING] Ask her what month it is, or literally, in what month are we?

[SPEAKING SPANISH]

Ask her, how old are you, or literally, how many years do you have?

[SPEAKING SPANISH]

Ask her, what is your name?

[SPEAKING SPANISH]

Maria Gutierrez Reyes.

Tell her close, your eyes.

[SPEAKING SPANISH]

Tell her, show me your teeth.

[SPEAKING SPANISH]

Tell her, raise your eyebrows.

[SPEAKING SPANISH]

Tell her, raise and hold up your arms at a 90-degree angle.

[SPEAKING SPANISH]

Tell her, close your eyes.

[SPEAKING SPANISH]

Tell her, please tell me where I touched you.

[SPEAKING SPANISH]

Tell her, tell me what you see in this photo.

[SPEAKING SPANISH]

Tell her, tell me what I have placed in your hands.

[SPEAKING SPANISH]

## Video Transcription

[MUSIC PLAYING] Ask the patient, "You suffer from diabetes, right?"

[SPEAKING SPANISH]

Ask the patient if she knows how to use a glucometer.

[SPEAKING SPANISH]

Ask the patient when she should check her blood sugars, or, literally, her blood sugar level.

[SPEAKING SPANISH]

Tell the patient to please record her blood sugar readings.

[SPEAKING SPANISH]

Ask the patient what her blood sugars have been for the last two weeks.

[SPEAKING SPANISH]

Ask the patient if she has a log book.

[SPEAKING SPANISH]

Ask the patient if she has or suffers from dizziness, headache, sweating, or if she finds herself shaking.

[SPEAKING SPANISH]

Tell the patient that her blood sugar level is 72. It's too low.

[SPEAKING SPANISH]

Tell the patient to wait here. The doctor will be here in 15 minutes.

[SPEAKING SPANISH]

[MUSIC PLAYING]

## Support

If you are struggling with a concept or terminology in the course, you may contact **SpanishforNursesSupport@capella.edu** for assistance.

If you are having technical issues, please contact **learningcoach@sophia.org**.

Source: This content has been adapted from "Spanish for Nurses" by Stephanie Langston.